



**This information was collected from the website of Environmental Working Group (EWG). Sunscreens are rated from 1 to 10 (1 being the HIGHEST rating and 10 being the LOWEST rating). For more information, call Kathy Cefalu at 408-985-1544.**

### **Top Rated Baby/Child Sunscreens (with the highest rating of 1)**

- Adorable Baby – Clear Baby Sunscreen SPF 30
- Aubrey Organics – Natural Sun Unscented Sensitive Skin/Children Sunscreen SPF 30
- Aveeno – Baby Natural Protection Mineral Block Face Stick SPF 50
- Badger – Baby Sunscreen SPF 30
- BurnOut – Kids Physical Sunscreen SPF 30
- California Baby – No Fragrance Sunscreen Lotion or Stick SPF 30
- Coola – MineralBaby Moisturizer Suncare, Unscented SPF 45 and Baby Unscented Natural Mineral Sunblock SPF 45
- Eco Skin Care – Eco Baby SPF 30
- Goddess Garden – Baby All Natural Sunscreen SPF 30
- LaVanila Laboratories - Healthy Sunscreen Baby Block SPF 40
- The Green Beaver Company – Certified Organic Kids Non-whitening Sunscreen Lotion SPF 30
- Thinkbaby – Sunscreen SPF 30
- Thinksport – LIVESTRONG Sunscreen SPF 30
- Trukid – Any Sunny Days Sunscreens
- UV Natural – Baby Sunscreen SPF 30

### **Top Rated Adult Sunscreens (with the highest rating of 1)**

- Aubrey Organics – Natural Sun Sport Stick Unscented Sunscreen SPF 30 and Natural Sun Green Tea Sunscreen SPF 30
- Badger – Unscented Sunscreen SPF 30 and Lightly Scented Lavender Sunscreen SPF 30
- Beyond Coastal – Natural Clear SPF 30
- Climb On! – Mineral Sunblock SPF 30
- Dr. T's Supergoop – Quickstick SPF 30
- Eco Skin Care – Eco Face SPF 30 and Eco Body SPF 30
- Hara Body Care – Sport SPF 30
- Karen's Botanicals – Simple Sunblock Lotion Unscented SPF 30
- LaVanila Laboratories – Healthy Sunscreen Body Cream SPF 30 and Healthy Sunscreen Face Cream SPF 40
- Loving Naturals – Sunscreen SPF 30, Sunscreen Stick SPF 30, Clear Body Sunscreen SPF 30 and Clear Face Sunscreen SPF 30
- Maui Natural Organics – Natural Sunscreen Lotion SPF 30 and Surfer Honey Natural Sunscreen Lotion SPF 30

- Mexitan Products – Sunscreen Lotion SPF 50
- Non-Toxic Naturals Sunscreen – SPF 30 Tinted and Non-tinted
- Poofy Organics – “The” Sunscreen SPF 30
- Purple Prairie Botanicals – SunStuff SPF 30 and Sun Stick SPF 30
- Raw Elements USA – ECO Stick SPF 30 and ECO Formula SPF 30
- Soleo Organics – All Natural Sunscreen SPF 30
- Sun Bunnies – 100% All Natural Sunscreen Lotion SPF 30
- Sun Putty – Face SPF 30
- Suntegrity Skincare – All Natural Moisturizing Body Protection SPF 30
- Tropical Sands – All Natural Sunscreen SPF 50 and All Natural Sunscreen or Face Stick SPF 30
- True Natural Cosmetics – All Natural Sunscreen SPF 40
- UV Natural – Sunscreen Sport SPF 30 and Sunscreen SPF 30

### **Top Rated Moisturizers with SPF (rating of 1 and 2)**

- Devita International Daily Solar Protective Moisturizer SPF 30
- Suntegrity Skincare All Natural Moisturizing Face Protection SPF 30
- EltaMD – UV Clear SPF 46, Daily SPF 40 and Shield SPF 45
- Obagi – C-Sunguard SPF 30, Nu-Derm Healthy Skin Protection SPF 35, Physical UV Block SPF 32 and Rosaclear Skin Balancing

### **How does YOUR moisturizer rate?**

- AHAVA – 7
- Alba – 6
- Aveeno – 5, 6 & 7
- Avon – 6
- Cetaphil – 5
- Clinique SPF 50 – 4
- CVS – 6 & 7
- DDF – 5
- Eucerin – 5
- Loreal – 5, 6 & 7
- La Roche-Posay – 5, 6 & 7
- Murad – 5, 6 & 7
- Neutrogena Ageless – 5
- Neutrogena Healthy Defense – 4, 5, 6 & 7
- Nivea – 6
- Olay – 4 & 5
- Physicians Formula – 4 & 5
- Peter Thomas Roth – 7
- Roc – 6 & 7
- The Body Shop – 7
- Vichy – 6 & 7

### **Chemicals to **avoid** in your sunscreen/moisturizers:**

- Oxybenzone (especially for children)
- Benzophenone-3 (especially for children)
- 4-Methylbenzylidene campor (4-MCB)
- 3-Benzylidene campor
- Octyl methoxycinnamate (OCM)
- Padimate O

### **Acceptable chemicals to look for in your sunscreen:**

- Avobenzene
- Mexoryl SX
- Octisalate
- Tinosorb M (found in European products)
- Tinosorb S (found in European products)
- Titanium Dioxide
- Zinc Oxide

**TrioSpa... Massage, Facials & Waxing ♦ 2160 The Alameda, San Jose, CA 95126 ♦ (408) 985-1544 ♦ [www.TrioSpa.net](http://www.TrioSpa.net)**